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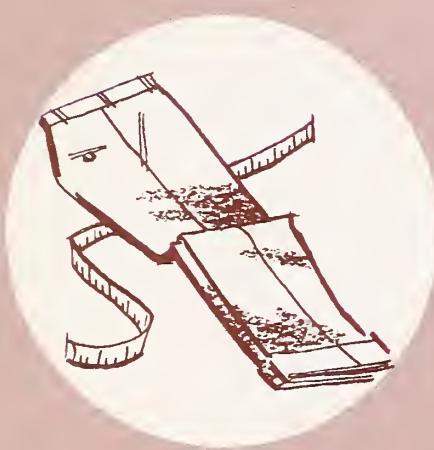
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Make the Waistline Fit on PANTS



A GUIDE TO HOME MANAGEMENT
IN THE FEDERAL EXTENSION SERVICE

APR 16 1967

CLOTHING AND FABRICS



Division of Home Economics
Federal Extension Service
U.S. Department of Agriculture

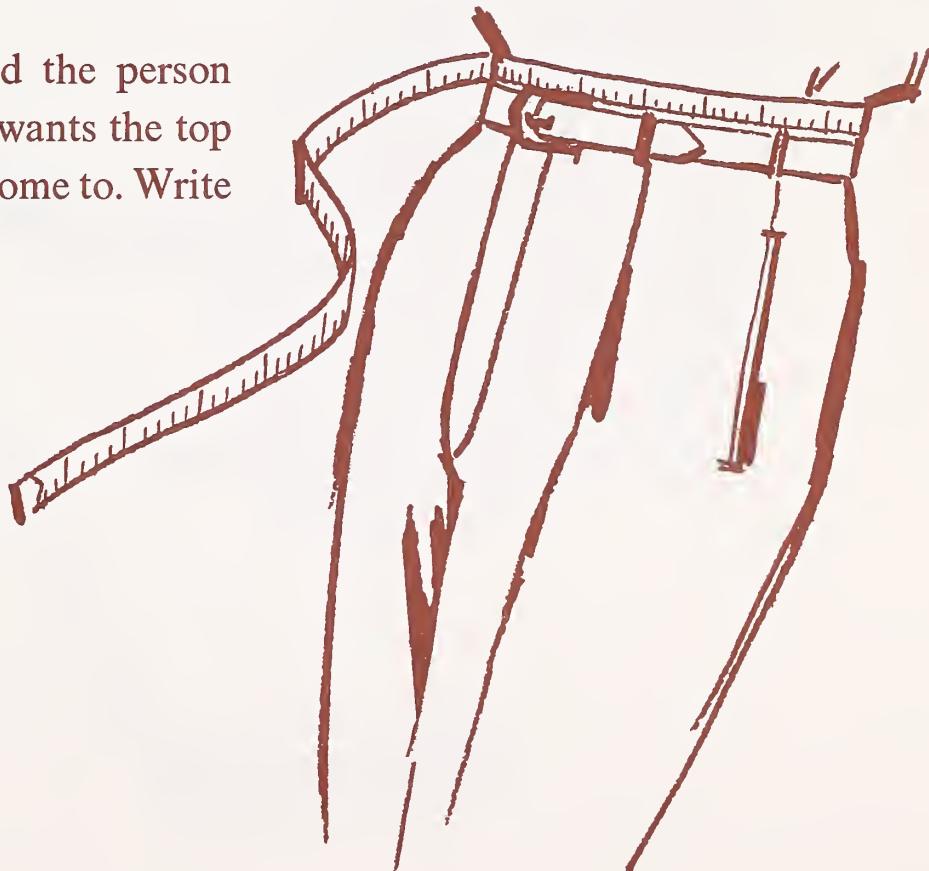
Prepared by a committee headed by Alice Linn, Clothing Specialist,
Division of Home Economics, Federal Extension Service, and Mrs.
Eileen E. Gibson, Extension Textiles and Clothing Specialist, University
of Missouri.

MAKE THE WAISTLINE FIT ON PANTS

Do not try to alter durable press pants because old seams and creases will show. Look at the pants to see if there is a durable press label sewn inside the waistband. Some of these labels are: Koratron, Sta-Prest, Dan-Press, Penn-Prest, Burmi-Press, and Perma-Prest. These trade names are used only to help you know what to look for. Many other companies also make and sell durable press clothes. The U.S. Department of Agriculture does not recommend one kind more than another.

To Make the Waistline Larger

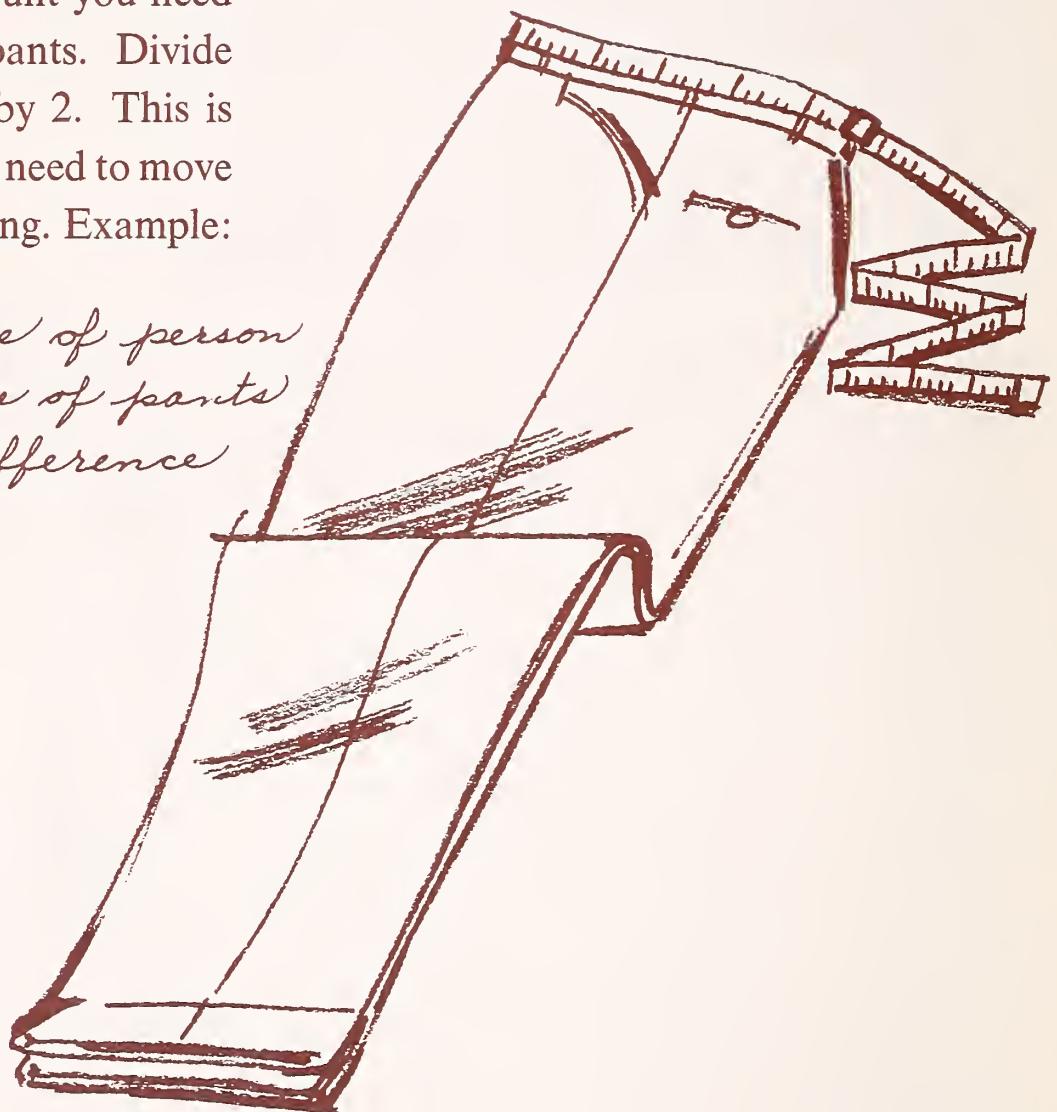
1. Measure around the person at the place he wants the top of his pants to come to. Write this down.



2. Measure around the top of the pants. Write this down.

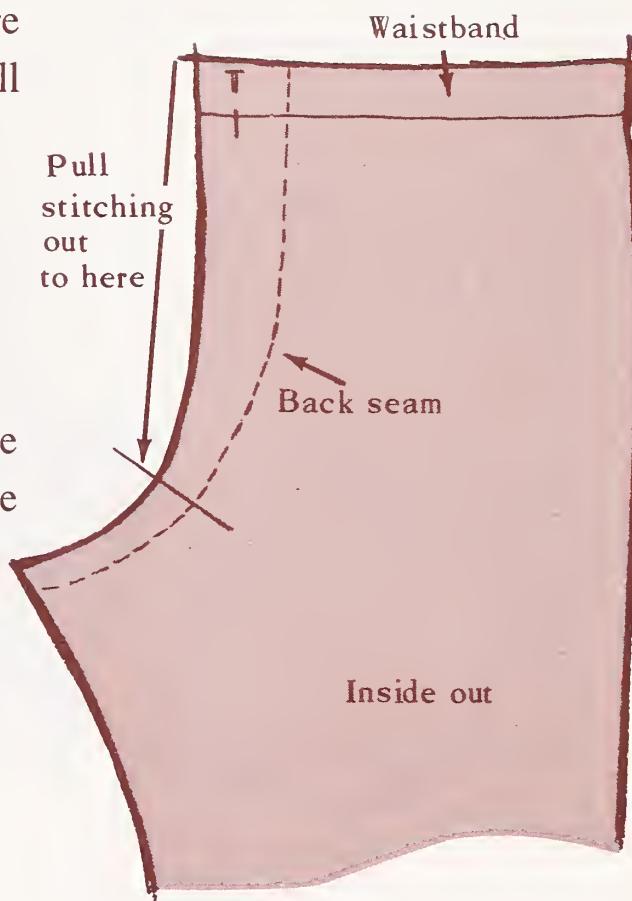
3. Subtract the size of the pants from the size of the person. This is the amount you need to let out the pants. Divide this difference by 2. This is the amount you need to move the seam stitching. Example:

$$\begin{array}{r} 40^{\prime \prime} - \text{size of person} \\ - 38^{\prime \prime} - \text{size of pants} \\ \hline 2^{\prime \prime} - \text{difference} \\ 2 \frac{1}{2}^{\prime \prime} \end{array}$$



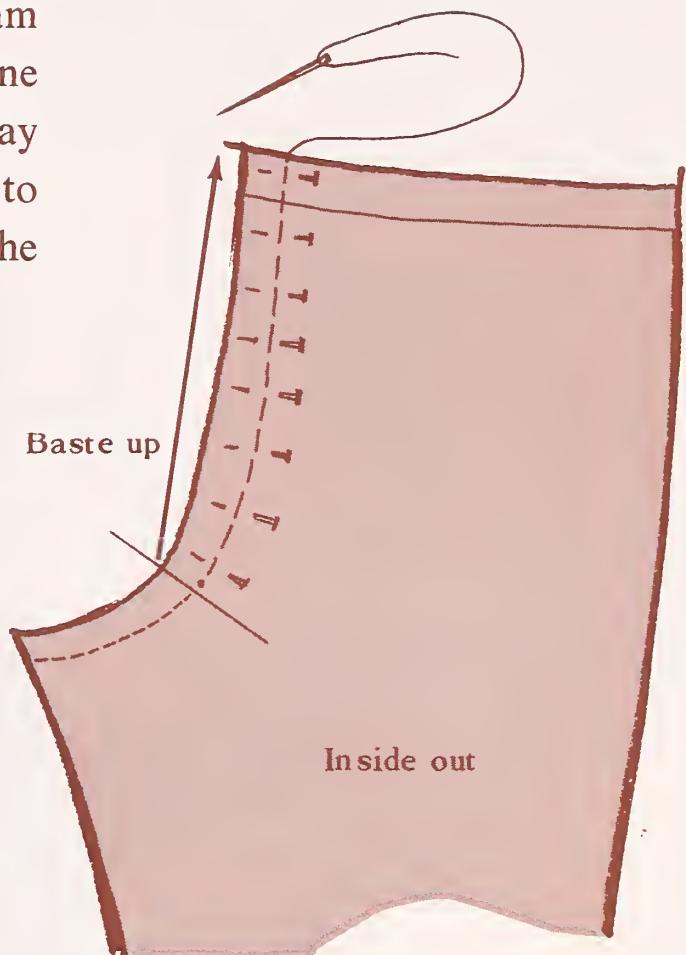
Look at the back seam. Are both sides of the seam allowance wide enough to move the seam stitching that much? If they are, put a pin where the new seam stitching will be.

4. Pull the stitching out of the back seam to the place where the seam evens out.



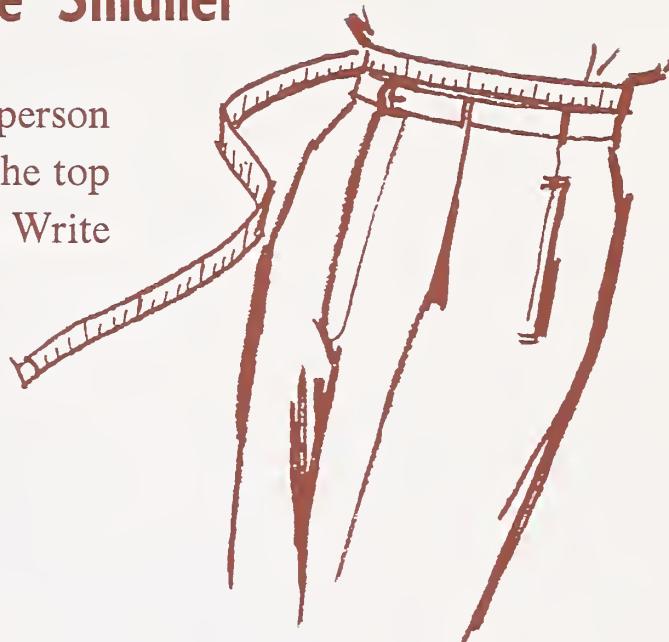
5. Pin and baste the new seam line. Backstitch or machine stitch the seam. You may need to use a stab stitch to make the seam through the waistband.

6. Press.

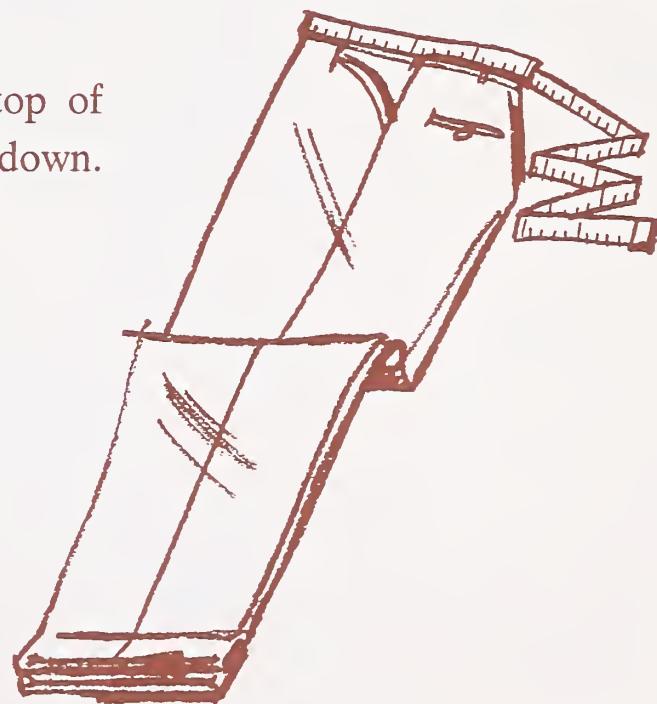


To Make the Waistline Smaller

1. Measure around the person at the place he wants the top of his pants to come to. Write this down.



2. Measure around the top of the pants. Write this down.



3. Subtract the size of the person from the size of the pants. If the pants are more than 2 inches larger than the person, do not try to alter them. If the difference is 2 inches or less, divide the amount by 2. This is the amount you need to move the seam stitching. Put a pin where the new seam will be.
- Example:

$$\begin{array}{r}
 40" - \text{pants} \\
 38" - \text{person} \\
 \hline
 2" \text{ difference}
 \end{array}$$

$$2 \overline{) 2"}$$

4. Pull the stitching out of the back seam to the place where the seam evens out.
5. Now take up the back seam. Pin and baste the new seam line. Backstitch or machine stitch the seam. You may need to use a stab stitch to make the seam through the waistband.
6. Press.

